



BEYOND the SCOREBOARD

Winning is fun. Winning is rewarding. Winning is an important goal. But the benefits of participation in interscholastic athletics and activities are bigger than wins – **they go far Beyond the Scoreboard.** Most of the enriching and experiences that you and your child will gain will go far beyond one contest, one season, or one championship.

1

Responsibility. Being a part of a team requires students to be accountable by upholding academic performance, punctuality, team dynamics and much more.

2

Work Ethic. Learning the value of exceptional effort is meaningful, as time well spent pays dividends throughout one's life.

3

Cooperation. Students learn to get along and compromise, especially in challenging situations. Understanding team goals is a cornerstone to success.

4

Integrity. Playing by the spirit of the rules and understanding the difference between right and wrong will have a lasting effect on building trust with others.

5

Adaptability. As a member of a team, your child may be exposed to a variety of unexpected changes, such as injury or a coach's unexpected decision.

6

Competitive spirit. As your child goes through a season or a school year, the desire to improve and win can be a driving force in the success your student attains.

7

Respect. Showing proper concern towards others, is a core value of the principles of sportsmanship, and carries over into life outside of competition.

8

Self-control. The ability to retain emotional balance during the course of a competition or in practice is an important piece in your child's development.

9

Confidence. A true belief in oneself comes through the experience of having a good work ethic, being prepared, and knowing that you gave your best effort.

10

Fitness. Participation allows your student to become involved in a routine that improves their physical, mental, emotional and nutritional fitness.